January 2021 Leadership Corner

Builders Club <buildersclub@kiwanis.org>

Wed 1/20/2021 12:29 PM

To: Lisa Pyron <lpyron@kiwanis.org>



January 20, 2021



JANUARY MONTHLY UPDATE

Check out the new Builders Club website

The Builders Club website received a face-lift and is now up and running. The website is an ever changing, evolving project that will improve with your input. After reviewing the new website platform, share your thoughts to make it even better. Email https://www.lpyron@kiwanis.org with suggestions.

Save the date (Online administrator gathering) Let's get together Wednesday, January 27, 2021, at 5 p.m. or 8 p.m. EST to discuss Builders Club retention and growth strategies. Write down proposed discussion topics and <u>respond to</u> <u>this survey</u> by January 25, 2021.

Possible topics to consider: Partnering with Key Club district leaders to help with club growth; utilizing Terrific Kids and BUG to introduce Kiwanis at a school; developing a campaign to engage Kiwanis clubs as Builders Club sponsors.



WELCOME TO THE BUILDERS CLUB FAMILY

We're growing our family one club at a time! Here are the newly chartered Builders Clubs for December and early January.

- The Nest Children's Home, Kingston 8, St. Andrew, Jamaica District
- Gray Collegiate Academy, West Columbia, South Carolina, Carolinas District
- South Pointe Middle School, Walnut, California, California-Nevada-Hawaii District



NEW YEAR, NEW KITS

A new year brings new opportunities for Builders Club to serve. <u>The latest kit</u> will guide your club to reflect on its service and plan for the rest of the school year. Use <u>this kit's</u> discussion questions to identify where your club can make the most impact.

Whether you use the entire meeting kit or pick your favorite activities, the virtual meeting kits can help your club continue to meet regularly and serve in person or virtually. Try <u>previous kits</u> on our website and look for new kits to come each month, including:

- Mental health awareness.
- Global health challenges.
- Club officer elections.
- Schoolwide kindness campaign.
- · Joint school-community final project.
- · Review of year of service and planning.
- End-of-year celebration.

Builders Clubs around the world continue to serve. Let's join together and encourage each other to do great work. After your next club meeting, post a picture of your latest project using #BuildersClubMeets for a chance to be featured on social media and inspire clubs like yours to keep serving!

Thank you for continuing to support your Builders Club. Please give us your feedback on these kits so we can continue developing student leaders and members who serve others.

For questions or more information, email <u>slp@kiwanis.org</u>.

GET STARTED



AVON MIDDLE SCHOOL STUDENTS COLLECT WINTER CLOTHING FOR FAMILIES

Almost 250 winter clothing items were received this year, a number that astounded Avon Middle School Builders Club in Ohio.

READ MORE



FEBRUARY CLUB ADVISOR VIRTUAL TRAINING

Join Kiwanis Builders Club staff on **Tuesday evening**, **February 9**, to learn about more creative ways to engage club members in meaningful service during this challenging time. You will receive an invitation closer to the date. To facilitate busy schedules, we'll offer two meeting times — 5 p.m. EST and 8 p.m. EST.



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CLICK NOW



GET READY FOR BUILDERS CLUB WEEK

Give Builders Club members the opportunity to show their community what Builders Club is truly about: service. Take part in Builders Club Week the third full week of March. Plan a fun activity for each day of the week and use Builders Club social media graphics to post about the good work your club is doing.

GET STARTED



DE-STRESS — DISCOVER HEADSPACE

As we begin 2021, why not welcome the year with presence and ease? Check out Netflix's newest programming in partnership with

Headspace. "Headspace Guide to Meditation" is an eight-episode introduction to different methods of meditation and making meditation part of your everyday life. If you have Netflix, check out this series. You can also download the Headspace app.

GET STARTED



DRAW YOUR WAY TO BETTER HEALTH

Regular exercise helps relieve stress and ensures that the body and brain work at peak performance. Sticking to a workout schedule can be challenging. If we integrate exercise into each day, it becomes part of our routine. Here are links to exercise resources and a fun drawing/coloring tool to track progress. Encourage club members to participate with the approval of a parent or guardian and incorporate an exercise/drawing challenge. Better yet, club members can get the entire family involved.

Check out these resources:

- HelpGuide to exercise for adults.
- Exercises for teens and tweens.
- Easy fitness tracker.



IMPORTANT DATES TO REMEMBER

January

21: Kiwanis' 106th birthday

February 15-19: <u>K-Kids Week</u>

March 15-19: <u>Builders Club Week</u> 20: <u>International Day of Happiness</u>

April

7: Kiwanis Children's Fund 82nd anniversary
22: Earth Day's 51st anniversary
30: Annual Achievement Report due

May 4-8: Teacher Appreciation Week

Miss a Builders Club monthly newsletter? Check out the <u>archive of</u> <u>past newsletters</u>.

3636 Woodview Trace Indianapolis, IN 46268-3196 USA

1-800-549-2647 | 1-317-875-8755

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