Pat on the Back

This activity will allow members to:

• Celebrate the club's accomplishments.
• Reflect on each member’s successes and strengths.

Materials needed:

• Treats for the club
• A large poster board (with an illustrated hand on it)
• One sheet of blank paper per member
• Markers

How to lead this activity:

1. Before the next club meeting, officers should discuss how the club will use the next meeting to celebrate the completion of the service project. (Your advisors can help guide you.)
   A few ideas:
   a. Bring treats for everyone.
   b. Have fun music playing as everyone enters the room.
   c. Post pictures from the service project throughout the club meeting room, or create a fun slide show of photographs.
   d. Create posters that thank members and celebrate the club's accomplishments
2. Right before the meeting, prepare for the Pat on the Back activity by hanging the poster board with the hand illustration at the front of the room.
3. As the meeting starts, let the club know that today is a big celebration for executing an excellent service project.
4. Introduce the Pat on the Back activity by letting members know the club had many successes this year and that everyone should be proud.
5. Ask each member to share his or her opinion of the club’s biggest achievement. The club secretary should write the responses within the “hand” on the poster board.
6. After everyone has shared, explain that these accomplishments were possible because of each member’s contribution.
7. Give each member a blank piece of paper.
8. Ask each member to trace his or her hand on the paper.
9. Officers should tape each member’s “hand” to his or her back.

10. Ask club members to write something positive that each person did for the club this past year on that person’s “hand.”

11. When enough time has passed for everyone to mingle, ask members to take their “hands” off their backs and read all the comments.

12. Congratulate the club on working together to execute the service project, and stress that each member’s role was important.

13. Ask the club to give itself a round of applause.

14. At the end of the meeting, explain that members will discuss more about the service project and its impact in the next few meetings.